celebrating Care We Deser e

35 years of Compassionate Community-Based Care



JOE BOXER

JOE ROVER

CENTRE DE SANTÉ COMMUNAUTAIRE BLACK CREEK COMMUNITY HEALTH CENTRE

ANNUAL REPORT 2023 - 2024

Mission

We enhance the health and wellbeing of our community through the delivery of comprehensive and integrated programs and services.

Vision

A healthy, resilient and informed community.

Our Guiding Principles

Inclusion & Accessibility Equity & Social Justice Accountability Quality Collaboration

Black Creek Community Health Centre is governed by a group of dedicated volunteer representatives of the community, who act together as the organization's Board of Directors.

Abdikarim Abdullahi Ola Adegoke Fatema Ali Evelyn Ascencio, Secretary Karla Bravo Oghenowede Eyawo, Vice Chair Carolyn Khalil, Chair Sayem Khan Laura Lavallee, Treasurer Danavan Samuels

Chair/Executive Director Message

Dear Clients, Community Members and Partners, Since opening Black Creek Community Health Centre's doors in 1989, our commitment to providing equitable access to high-quality, culturally appropriate health and social care for residents of Toronto's Northwest has been unwavering.

As we reflect on the past 35 years, we celebrate the health centre's rapid expansion to meet the growing needs of the community. Through strategic partnerships and a focus on equity, the care team, supported by our dedicated Board of Directors engaged the community, conducted research, and built capacity to embrace innovative approaches that expand access to care.

This past year, we maintained the community's trust, delivering care in more ways, and in more spaces. Consistent with lessons learned during the pandemic, we collaborated through strategic partnerships on multiple initiatives that improve access and increase the care team's community presence.

We worked closely with the North Western Toronto Ontario Health Team (NWT OHT) and partners to develop a community care hub: a dedicated space in the community that offers convenient and coordinated care closer to home. We also led the development of a mobile health unit, which literally brings Black Creek CHC's services into the community, starting in the Summer, 2024. The mobile unit's design and function builds upon our goal of meeting residents where they are at, providing them with the care they deserve.

Wrapping up the year on a high note, peer reviewers from the Canadian Centre for Accreditation interviewed staff and clients, and reviewed the health centre's policies as part of a process that measures performance against standards of quality and leading practices. Black Creek CHC received a glowing review and was granted full accreditation for the next four years.

Looking ahead, we are optimistic and determined that, as we navigate the coming years together, we are well-positioned to work toward a healthier, more connected, and resilient community.

Thank you for entrusting us to provide you and your loved ones with the care we all deserve and for being an integral part of the Black Creek CHC family.



Cheryl Prescod, Executive Director, Black Creek Community Health Centre



Carolyn Khalil, Chair, Board of Directors, Black Creek Community Health Centre



Our Clients

"I discovered Black Creek CHC as a student in 1999. I was alone in a new country, but no matter what I was dealing with, there was someone at Black Creek CHC to support me.

Since I suffer from severe chronic depression, there was a time I didn't know if I could go on, but the team never gave up on me. I could not have gotten through without the support of these people. My doctor patiently supported my husband and I when it took many years to get pregnant, but I still say she helped me carry that boy – my Daniel turns 5 years old on July 4th.

I was so blessed, and I'm still so blessed. The story never ends these people do so much for the community. I cannot see my life without them and their compassionate care and support.

This is my community. The care is excellent. I didn't even know such great care existed - especially here, because of what people hear about Jane and Finch. It's a beautiful place and a journey.

These professionals need more resources to ensure we can take care of the next generation so they can take care of us. I pray these beautiful people can do their good work for more people.

It's the Care We Deserve - we all deserve it - in Canada, in Ontario, in North York and in our community at Jane and Finch."

- Nerlande, Black Creek community resident, proud mother to Daniel, married to Stanley

At Black Creek CHC, the interdisciplinary care team engages individuals, families and community organizations to collaborate and deliver comprehensive programs and services to support and enhance community health and wellbeing.

Community partners are essential to the work that brings clients the care they deserve, right here, in their home community.

Service Partnerships

Access Alliance Multicultural Health and **Community Services Across Boundaries** Addiction Services Central Ontario Aird & McBurney LP Asante Soccer Academy Black Coalition Against AIDs Prevention (BLACK CAP) Black Creek Community Farm Black Physicians Association of Ontario (BPAO) **Brothers & Sisters Keepers** Canadian Mental Health Association Caribbean African Canadian Social Services (CAFCAN) **Caribbean Island Food Mart** Centre for Addiction and Mental Health Centre for Spanish Speaking Peoples Church of St. Stephen's Downsview **Community Choice Pharmacy**

COSTI Crossroads Clinic-WCH **Delta Family Resource Centre Dominion Church International** Emery Keelesdale Nurse Practitioner-Led Clinic

Entité 4

Epiphany Food and Catering Greenwin Property Management Healthy Living Now - Ontario Self Management Program Holiday Helpers Humewood House Humber River Family Health Team Humber River Health Imdadul Islamic Centre Jamaican Canadian Association Jane Finch Community and Family Centre (+ The Spot) La Passerelle LOFT Community Services Lucky's Corner Restaurant Lumacare Margaret's Housing and Community Support Services Mooreland Kids My Brothers and Sisters Keeper NexJ Health North York Community House North York Family Health Team North York General Hospital North York Women's Shelter

Partnerships

"The partnership between Black Creek Community Health Centre and the Jamaican Canadian Association harnesses community strengths to provide holistic, culturally sensitive healthcare and support services to the members and the Black community in general. It brings together resources and expertise to enhance community health services, and promote cultural awareness, ultimately fostering overall well-being and a healthier and more resilient community."

Sylvanus Thompson, Ph.D., Technical Advisor, Health, Wellness and Well-being Initiatives, JCA

"At Humber River Health, we are proud to be a part of the North Western Toronto Ontario Health Team, working alongside the Black Creek Community Health Centre to bring meaningful change to our community. Over the past year, Black Creek has demonstrated remarkable leadership and dedication, significantly enhancing the health and well-being of our community. The Community Care Hub at our Finch campus is an example of what can be achieved when we unite our efforts."

Barb Collins, President and CEO, Humber River Health

Quality Improvement

Humber River Health

NORTH WESTERN

"Black Creek Community Health Centre's Quality Improvement Committee is dedicated to enhancing healthcare standards through specific quality issues through focused targets and actions. This year, we focused on implementing strategies to identify and address food insecurity, using sociodemographic data to help identify and address health disparities, worked towards improving access to primary health care and access to cancer screenings for under-screened communities and enhance client experience."

Farha Khan and Dr. Neda Vujicic, Co Chairs, Quality Improvement Committee, **Black Creek Community Health Centre**

Ottawa Heart Institute Parkdale Queen West Community Health Centre Parrot Nest Restaurant Pilgrim's Feast Tabernacle Revivaltime Tabernacle **Roy McMurtry Youth Centre** Rexdale Community Health Centre San Romanoway Revitilization Association Sickle Cell Awareness Group of Ontario (SCAGO) Sick Kids Centre for Community Mental Health South Riverdale Community Health Centre Start Up Here Toronto TAIBU Community Health Centre **Tickit Health Toronto Community Housing** Toronto Public Health Toronto Public Library University Health Network University of Ottawa Heart Institute Vaughan Community Health Centre Vitanova Foundation Walnut Foundation West End Midwives

Westview Centennial Secondary School

West Park Healthcare Centre

Y-Space Yorkgate Mall

GLAD Canada Humber College Sick Kids Hospital Education Centre University of Toronto

Collaboratives

Black Social Prescribing Black Creek Community Collaborative Humber River - Black Creek Cluster North Western Toronto Ontario Health Team (NWT OHT)

Women's Health in Women's Hands

Academic and Research Partners

- Public Health Agency of Canada
- Public Health Ontario
- Toronto Metropolitan University
- Schulich School of Business-Executive
- University of Guelph Humber
- Wilfred Laurier University
- Women's College Hospital
- York University

RNAO Best Practice Spotlight Organization (BPSO) Systems Navigation Access and Partnership (SNAP) Project Toronto Opioid Overdose Action Network

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(TO2AN)

Transitions in Care Wellness Collaborative

Funding Support

Alliance for Healthier Communities Canadian Association of Community **Health Centres City of Toronto** Government of Canada (FedDev, PHAC) Government of Ontario (Ontario Health) Laidlaw Foundation **Toronto Foundation** United Way of Greater Toronto



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North York Women's Shelter >

Partnership brings onsite primary care services to residents.

armacy opens at Black Creek CHC Sheridan Mall location.

On-site phar

Community Choice Pharmacy >

United Way of Greater Toronto provides funding to open a service hub in the Falstaff Community.

Fallstaff Community >

2022

Dental Program for Seniors >

65+

In partnership with Toronto Public Health, Black Creek CHC opened an Oral Health Program for eligible seniors at its Yorkgate Mall location.

2023

Ensures equitable access to health services for Black communities through mobile wellness services, a bridging clinic for asylum seekers, partnerships with Black-serving organizations (i.e. Jamaican Canadian Association, Sickle Cell Awareness Group of Ontario) & the Black Social Prescribing Pilot Project. Black Health Plan Ontario >

> North Western Toronto Ontario Health Team (NWT OHT) > Black

Black Creek Community Health Centre received Identified French Language Service Provider status to develop a French Language Service Plan to serve the Francophone population in North York

French Language Services (FLS) >

k Creek Community Health Centre, along with 13 local health organizations approved as one of Ontario's first s, to coordinate/plan local health care service delivery. OHTs,

Harm Reduction Services >

Supports those dealing with substance use established in North York West, through partnership with the Central Region Wellness Collaborative & The Works, City of Toronto.

Best Practice Spotlight Organizations (BPSO) >

As a BPSO, Black Creek works with Northwest Toronto Ontario Health Team and RNAO to implement best practice guidelines & improve quality of care, including falls prevention, client/family caregiver experience, and screening for substance use

Black Entrepreneurship Alliance >

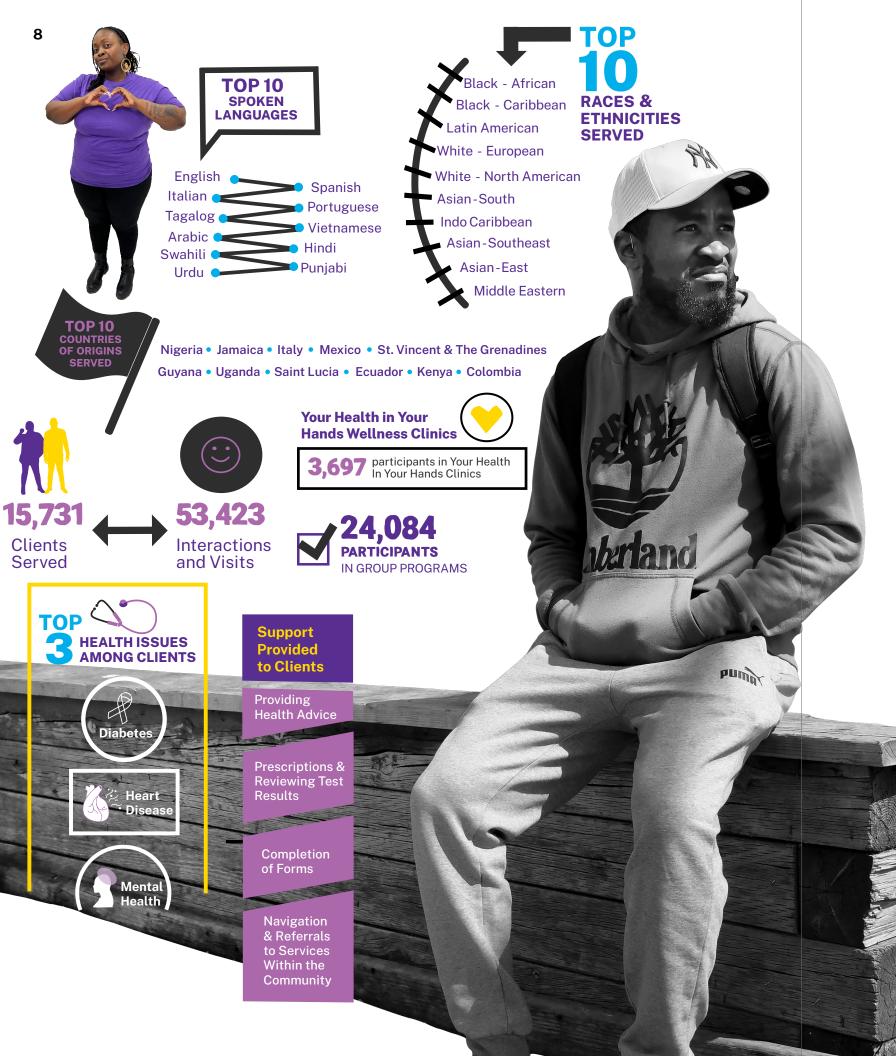
Government of Canada funded The Black ^{BCCHC} Government of Canada funded The Black ^{BCCHC} Entrepreneurship (BEA), established in partnership with the Schulich Executive Education Centre, YSpace, York University, and TD Community Engagement Centre to support Black professionals and entrepreneurs to achieve their business goals.

Community Research Initiatives > As a strategic priority, Black Creek hires a research coordinator to build As a strategic priority, Black Creek hires a research, aiming to improve community

2024

٨ **Community Care Hub**

In collaboration with North Western Toronto Ontario Health Team & other partners, a health service hub is developed at 2115 Finch Ave. W to support coordinated services for residents of Northwest Toronto



Story

Laura, Lactation Consultant,

Black Creek Community

Health Centre

Black Creek Community Health Centre engages with clients to develop and deliver programs and services that meet unique and emerging needs in the community. This past year, Black Creek CHC offered a new breastfeeding support program when the care team recognized a growing need among Spanish-speaking newcomers to Canada for prenatal, pregnancy and postnatal care.

Women with limited family and social supports were unable to access the care they deserved, either because they did not have the appropriate documentation or because they were unfamiliar and unable to navigate the healthcare system, due to language barriers.

As the group expanded from two expectant mothers to a group of twelve women who came to rely on each other for support and companionship, they built their own community capacity through the practical sharing of baby clothing and equipment.

While members of the interdisciplinary care team collaborated to connect the young mothers with programs and services including midwifery and breastfeeding support by offering Spanish translation, the program offering expanded as babies were referred to Early ON children's programming in support of their ongoing healthy development.



Breastfeeding Support/Midwifery Support families in the community

Black Creek CHC has a fulltime lactation consultant on staff to support a healthy start for mothers and babies through breastfeeding support programs

(left to right) Navjot, Registered Midwife, BCCHC, checking Elias, five-months-old, as mom, Ommulbanin looks on.



Prime Minister Justin Trudeau visits Black Entrepreneurship Alliance, funded by Fed Dev Canada



Parrot Nest Family **Restaurant Wellness Clinics**



• Health Fair - North Western Toronto Ontario Health Team



Wheels to Wellness **Community Consultation –** Summer 2023

North York Women's **Shelter Services**

 Chronic Pain Self-Management Workshops



Men's Health Fair – Fall 2023



Roy McMurtry Youth Centre Partnership

(with SRA)



- Francophone Engagement in Partnership with Entité 4
 - **Health Promotion** Workshops -**Nutrition & Exercise**
- Immunization Information & Drop-in Forms Clinic BLACK CREEK
- Community Health & • Chronic Disease **Prevention & Management** Workshops
- Diabetes Virtual Care Project

Wellbeing Week



Yorkgate Health Fair - Winter 2024

Highlights of... 2023/2024

Prescribing Pilot



Black History Month -Paint Night

Cancer

Prevention

Screening &

Awareness

Workshops



Bridging Clinic -**Refugee Health &** Wellness Services

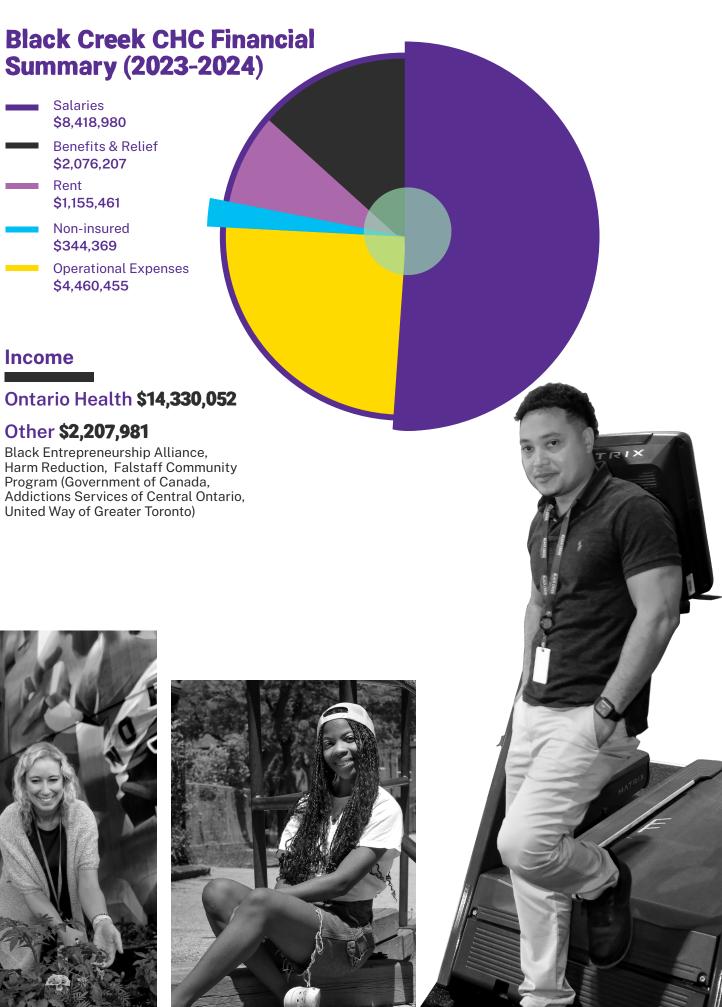
- Black Creek CHC's 35th Anniversary 1989-2024
- Courtside Care with the Toronto Raptors
- Harm Reduction: **Overdose Recognition** & Response Workshops with

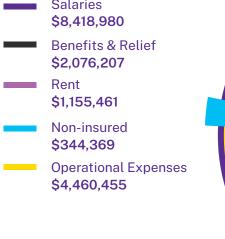
BLACKCAP



Canadian Centre

- Canadian Centre for Accreditation Designation
- North Western Toronto Ontario Health Team Community Hub
- CANRISK Diabetes Screening Tool **Research** - Black Creek CHC partners with TAIBU. Access Alliance & Rexdale CHC to evaluate effectiveness of the CANRISK **Diabetes Screening Tool for African** Caribbean & Black communities









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Breastfeeding &

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This report is also available online bcchc.com/about-us/annual-report-2







